



# Maple Street Co-op Newsletter September 2018

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## Up-coming in store demonstrations

What: Eco Minerals – 100% Pure and natural vegan makeup from Byron Bay, Australia.

When: 6<sup>th</sup> September 11am-2pm



## Monthly raffle

Spend \$50 or more in store for entry into this month's raffle. Includes 1 x Co-op calico bag, 2 x Oasis eco-friendly reusable coffee cups and 1 x SWAG produce bag set.

## Co-op Membership



Membership renewals are now due. You can renew in store or online. Please visit our website and follow the links to the member portal to renew or ask our friendly staff to renew your membership in store. Now is also a great time to join up if you haven't already! Members receive a 5% discount on most items in store and can vote at our AGM.



## Maple Street Co-op AGM

Date claimer: Thursday 11<sup>th</sup> October 2018



# Maple Street Co-op

## Recipe of the Month

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### **Quinoa Taco Bowl - All ingredients available in store**

Ingredients: Serves 4

- 2 cups cooked organic quinoa (about 1 cup uncooked)
- 1 can organic black beans, drained and rinsed
- 1 can organic red kidney beans, drained and rinsed
- organic taco seasoning to taste
- 1 small organic lettuce, chopped
- 3 organic roma tomatoes, diced
- 1 small bunch organic coriander, chopped
- guacamole (2 large organic avocados, juice of 1 organic lime, organic garlic & salt to taste)
- organic salsa (optional)
- shredded organic cheddar cheese (optional)
- organic corn chips (optional)
- organic tortillas, warmed (optional)

Instructions:

1. Heat olive oil in a large pan over medium heat. Add the beans and heat to warm. Season to taste with taco seasoning.
2. Place quinoa, seasoned beans, lettuce, tomatoes, coriander, guacamole, salsa, cheese, and chips or tortillas in your bowl. If your bowl seems dry, add a little salsa, lime juice, or your favourite salad dressing.



# Maple Street Co-op

## New Products

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### **Bryteka Pottery Reusable Coffee Cups**

These beautiful cups are hand thrown on the Gold Coast and are available in a range of colours. It's estimated that Australians use 1 billion disposable coffee cups each year, with up to 90% of them ending up in landfill. Let's reduce our wastage!



### **The Swag 100% Natural Bags**

The Swag is a non-toxic, environmentally friendly, sustainable, machine washable, breathable bag, meaning fruit and veggies stay fresher for much longer- naturally! It's great for your wallet and good for the environment too.



### **Beauty and the Bees Shampoo Bars**

The Beauty and the Bees Shampoo Bars have been hand made using only natural healthy ingredients like Leatherwood honey, egg, beer, charcoal, and/or herbal infusions.



### **Bulk Food**

We now have our almonds, hemp seeds, sultanas, figs and apricots in bulk bins just next to the counter. We have paper bags provided or you can bring in any kind of re-usable container or bag you like to fill up. Buying in bulk reduces plastic waste in our environment and is often a lot cheaper than buying pre-packaged goods!

Wanted

## **Business Development Project Manager**

The Maple Street Co-op is looking for a marketing professional to work with our management team. The person will have a sound background in business development/marketing and will bring this expertise plus a creatively cooperative energy to the role. This is a part time position and the successful applicant will report to the Board of Directors.



A full position description is available at the Co-op.

Drop your resume into the Co-op or send it to  
[shopmanager@maplestreetco-op.com](mailto:shopmanager@maplestreetco-op.com)

**bulk organics - fruit and vegetables - cosmetics -  
gluten free - vegan**

**locally owned - ethical - fair trade - ecological  
sustainability**

**Maple Street Co-operative Society Ltd - 37 Maple Street Maleny Queensland  
[www.maplestreetco-op.com](http://www.maplestreetco-op.com)**

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### **Maple Street Co-operative Society Limited**



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