



Maple Street Co-op Newsletter November 2018



Up-coming in store demonstrations

What: Eden Health Foods - Premium wholefood nutritional supplements.

When: Thursday 15th November

12:30pm – 2:30pm



Maple Street Co-op Monthly Raffle

Spend \$50 or more in store for entry into this month's raffle. The prize includes a Your Straw spork pack including a stainless steel straw cleaner, 2 x bamboo straws and 1 x Yourspork and an Afropacific basket.



Barambah Organics Goodwill Program

Barambah Organics began in 2002 with milk in 1L glass bottles. Bottles were returned to stores by customers then the bottles were passed onto Barambah's delivery drivers for return to the factory. Barambah washed and recycled glass bottles for two years. Barambah has now returned to glass packaging. The glass bottles can be returned and reused, helping to reduce waste going to landfill. Barambah is aiming for an 80% glass bottle return rate. Please leave your clean, used glass bottles with staff in-store



Maple Street Co-op

New Products



Eye of Horus Velvet Lips

Velvet-matte formula with lip nourishing actives and deep colour pigments glide on effortlessly for a smooth, comfortable feel and full-coverage colour that lasts all day. Innovative push button teardrop container makes it easy for a quick defined application.



Ministry of Tea

The Ministry of Tea offer an exceptional range of Organic Teas & Herbal Infusions sourced from around the world. With an array of flavours from the everyday English Breakfast to the extra-ordinary Ayurvedic blends, the Ministry of Tea offers a boutique selection of teas at an affordable price.



2019 Gratitude Diary

- A day to a page organisational Diary
- Monthly Astrological overview
- Venus and Mars astrology updates
- Reflective quotes from the great teachers of our time
- 13 worksheets on each new moon
- Daily Gratitude pages
- Inspired art

The beautifully designed Gratitude Diary consists of 365 pages, one for each day of the year.



Maple Street Co-op Recipe of the Month



Antioxidant Smoothie Bowl – All ingredients available in store

Ingredients: Serves 1

- 1 frozen organic banana
- 1/2 cup frozen organic cherries or frozen organic berries
- 1 tbsp organic hemp seeds
- 1/2 cup organic almond milk
- 1/2 fresh organic banana, sliced
- Organic raspberries
- Organic blackberries
- 1 tsp organic chia seeds
- 1 tbsp organic pepitas
- 1 tbsp organic coconut flakes

Directions:

1. Add frozen banana, cherries, hemp seeds, and almond milk to a blender. Blend until smooth and pour into a bowl.
2. Top smoothie with sliced bananas, raspberries, blackberries, chia seeds, pepitas and coconut flakes.



Maple Street Co-op Message from The Board

The Board of Directors would like to acknowledge the many years of hard work Garry Claridge gave to both the workings of the board and the continued success of the Co-op. As Chair and staff liaison officer, Garry contributed untold hours to the cause. His ability to be on top of detail while never losing sight of the bigger picture made him an invaluable asset. The Board wishes him well in his future endeavours. Thanks Garry!!



Maple Street Co-operative Society Limited



37 Maple Street, Maleny Qld 4552



Phone: 07 5494 2088



sales@maplestreetco-op.com



www.maplestreetco-op.com



www.facebook.com/maplestreetcoop



@maplestreetcoop